

# CIRCULAR LETTER #590

## Post-Spring Meeting

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MESSAGE FROM THE PRESIDENT

JUNE 2004

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The Spring GAP Meeting was an energetic and productive one, generated largely by the excitement of our new members. Our evolving committees are working to form cohesive units and we continue to work to make efforts to develop committees on neuroscience and c/l, as well as other areas of interest. Paul Fink is identifying people to chair these committees. Please let me know if any of you are interested in these committees, or in other areas that GAP might consider.

One issue that comes up frequently when we are trying to recruit new members to GAP is dues. Chairs and members should be aware that this is a concern that often reflects misunderstanding about GAP's mission and structure. It is not the same as other organizations we belong to. No other organization provides the level of support for members to attend meetings that GAP does. There are no registration fees, meal expenses or special assessments and transportation is subsidized. We accomplish what we do with our dues and contributions. In addition, the "think tank" federation model is unusual and can be captivating to psychiatrists interested in generating information and stimulating thoughtful and even provocative policy, rather than in responding to more politically driven activity based on membership or organizational priorities. Each has its place and there is great value in mutual support and cooperation. GAP Committees are free to choose their own topics. They are not centrally 'governed' regarding interests and activities. I'd be happy to discuss this with you to facilitate recruitment of new members.

I hope you will visit the GAP web site and let Frances know if you have suggestions or additions to the site.

Enjoy your summer and bring your energy back to White Plains in the Fall!

Contact me any time: [carol\\_nadelson@hms.harvard.edu](mailto:carol_nadelson@hms.harvard.edu)

## ADMINISTRATIVE COMMITTEE REPORTS

### GAP PUBLICATIONS BOARD SUMMARY THURSDAY APRIL 15, 2004

Present: Drs. Adler, Aldrich, Baron, Fink, Flaherty, Hoop

1. Update on Reports
  - a. Monographs:
    - (1) The Committee on Psychotherapy has received feedback on its monograph on Psychotherapy and is revising towards finding a publisher. (2) The Committee on Psychiatry and the Law had their annotated table of contents and first chapters approved for developing a monograph on Stalking and are seeking a publisher.
  - b. Lilly Contract. The Committee on Psychopathology delivered its report "ADHD in Adults: Clinical Information for Primary Care Physicians" June 2003. It was approved for publication in the journal Primary Psychiatry and will appear within the 9-12 months. The process of producing a report for contract with its time pressures was reviewed by the Publications Board and the Board of Directors. Guidelines for pursuing such products in the future are being developed based on this experience.
  - c. Short Reports: As a reminder of the process. Short reports are to be sent by the Committee Chair to Frances who emails them to all Publication Board members. The Board responds within 30 days with comments directly to the identified responsible committee members with a copy to the Publications Board Chair. Final approval occurs between the Committee Chair and the Chair of the Publications Board.
    - (1) "Recruiting and Rewarding Faculty for Medical Student Teaching" from the Committee on Medical Education was approved for journal submission.
    - (2) "The Internet as a Developmental Tool in Adolescence" from the Committee on Adolescence was approved for journal submission. Unclear whether it was submitted.
    - (3) "Socially Sanctioned Coercion Mechanisms for Addiction Treatment" from the Committee on Addictions was given feedback with comments for reworking and resubmission to the Publications Board.
    - (4) The Committee on Disabilities was given feedback on their short report, "Requesting Accommodation for Disability: A Telephone Survey of American Medical Schools" for resubmission to the Publications Board.
  - d. A discussion of the mechanism to review Power Point Presentations occurred using the current example from the Committee on Community Psychiatry on Adherence.
2. Web Site Update: Members are encouraged to review the website [www.groupadpsych.org](http://www.groupadpsych.org). Our 30 short reports are on the web in addition to other products of GAP. If you do not remember your password contact your Committee Chair or Frances. Our Circular letters are going cyberspace!

David A. Adler, MD  
Chair, Publications Board

### GAP FELLOWSHIP COMMITTEE Thursday, April 15, 2004

Present: Drs. Cabaniss, Dickstein, Gross, Gardner, Rosenthal

There is ongoing work with the Fellows who are working on their Plenary for the Fall 2004 Meeting. The Fellows will be preparing summaries for the Circular Letter reporting on the work of the committee.

Deborah L. Cabaniss, M.D.  
Chair

**OPERATING COMMITTEE REPORTS  
SPRING 2004**

**Committee: Addictions**

**Present:** Nace, Suchinsky, Francis, Levin, Lewis, Sullivan, Tamerin, Galanter, Westermeyer

**Fellow:** Florian Birkmayer

**Current Project and Topic:** Coercion in substance abuse treatment – two short reports:

- (1) Socially Sanctioned Coercion
- (2) Clinical Use of Coercion

**Time frame:** One ready for publication in next 2-3 months and the second will be ready in six months

**Committee: Adolescence**

**Members Present:** Schwab-Stone, King, Onesti, Flaherty, Harper

**Fellow:** Nada Milosevovich

**Current Project and Topic:** (a) Diverse paradigm – how the clinician integrates them in practice, how the adolescent patient perceives them (b) completing a paper for submission on internet and use as it may surface in therapeutic work with adolescents (c) planning for future collaborative project with psychopathology committee

**Committee: Aging**

**Members present:** Sakauye, Liptzin, Blank, Cohen

**Fellow:** Jason Schillerstrom

**Current project and topic:**

1. The Crisis in Mental Health Coverage for Elderly: Who Should Care for the Elderly? The Medicare Modernization Act has pushed toward managed care and privatization. This paper, targeted for a multidisciplinary audience, is meant to highlight the practical impact of care and raise a warning about who will provide mental health care for the elderly if regulatory changes continue to exclude and reduce mental health coverage for the elderly and provide disincentives for specialist care. The article is targeted for Geriatric Times, a new multidisciplinary arm of Psychiatric Times.

2. The next project will be to develop a Geriatric page for the GAP website to be used as a dissemination point for lectures on Issues on Aging that members have already prepared and given to residents or medical students. Lectures are power point lectures that often include brief interviews, graphs, and tables that can be used by other educators or professionals in the field. This can be expanded to produce new products or patient education materials.

**Time frame:** 1. Submission of the final draft of the paper to the Steering Committee Review Panel will be made by the end of April (Doctor Sakauye is an editor for Geriatric Times).

2. First posting would like to be started by the next GAP meeting.

**Consultation from the Publications Board:** Directions about the current size limitations for postings, editorial role of the Publications Board, copyright, charge (we prefer no charge) is requested.

**Plans for between meeting work:** 1. Review of the corrections to the final draft will be done by email before submission to the Publications Board, in turn before submission to Geriatric Times.

2. Several lectures will be shared between members for the lectures to be added to the GAP website.

3. Potential new members will be contacted as guests. One former GAP Ginsburg Fellow who expressed an interest in returning has particular expertise in Education and AV productions.

**Focus for the next GAP meeting:** 1. GAP website lectures

2. Guest proposed from the APA section handling computerized education materials (Kathleen Debenham) possibly a conference call.

**Type of manuscript:** fast track for both proposals

**Committee: Child**

**Members Present:** Knapp, Pfeffer, Jensen, Pine, Schowalter, Kruesi, Shapiro, Petersen

**Fellow:** Mariana Melendez-Tadel

**Guest:** Charles Zeanah

**Current Project and Topic:** Fast track journal article – Temperament

**Time frame:** 1-2 more meetings

**Committee: Cultural Psychiatry****Members Present:** Alarcon, Oquendo, Rao, Silva, Lewis-Fernandez**Fellow:** Anne O'Connell**Current project and topic:** (1) Impact of 9-11 on IMG psychiatric residents – discussion of results of focus groups in preparation for paper and presentation at forthcoming workshop at the APA Annual Meeting. Project is in final phase.

(2) Review of race, ethnicity, and culture concepts and contents in psychiatric literature. Final phase of analysis of data is in progress. Further discussion and preparation of article(s) plus further use of data bank have been planned.

**Time frame:** (1) preparation of manuscript in progress. First draft to be presented in three months. To be submitted to journal(s) in six months

(2) final analyses and discussion to take place at next meeting

**Committee: Disabilities****Members Present:** Sack, Nesheim, Gale**Guests:** Deborah Steinberg**Current project and topic:** three papers regarding medical students with disabilities and accommodations for them.**Time frame:** Next 1-2 meetings will likely complete this project**Consultation from the Publications Board:** None at this time. First two papers already reviewed and will submit third paper soon for “fast track” review process.**Committee: Family****Members Present:** Grunebaum, Rolland, Heru, Berman**Current project and topic:** Operationalizing the family skills component of the RRC core competencies for psychiatric residencies. Intermediate length report (journal article).**Time frame:** 6 months – 1 year**Plans for work between meetings:** complete draft of paper and presentation**Focus for next GAP Meeting:** Further work on assessment tools for family skills**Ways in which GAP can be helpful:** we would like to hear from members involved in residency training about their experiences in adding family work.**Committee: Gender and Mental Health Issues****Members Present:** Miriam Rosenthal, Joan Lang**Guests:** Silvia Olarte, Gail Robinson**Current project and topic:** This committee is in the process of being formed, and considering topics. Two projects suggested are:

(1) Studying how pharmaceutical marketing is increasingly bypassing psychiatrists and is attempting to redefine issues of identity and illness. Reconfiguring of both of the above issues are occurring in new ways in which drug companies are using advertising without brand names to communicate distortions of mental illnesses to the general public. Much of this brainwashing is directed to women. So much of the literature is in the anthropology, sociology, and history fields. There is a need to bring in psychiatry.

(2) There is a great deal of misinformation, myths and poor research in regard to the mental and physical health consequences of abortion. We are videotaping to see if there are any recent critical analyses of this field. If not, there would be a need for an accurate analysis to inform political debate and policy decisions.

**Plans for work between meetings:** It is hoped that this committee could collaborate with the psychopharmacology committee in planning a workshop to direct advertising to consumers. The committee also is considering how gender issues are relevant to other GAP projects.**Ways in which GAP members can be helpful:** GAP members could be helpful in making suggestions regarding gender issues they see as important in current psychiatry.**Committee: Human Sexuality****Members Present:** Joan Lang**Current project and topic:** Reconfiguration of the committee (now that there are separate committees on

Sexual Minorities and on Gender and Mental Health). New co-chairs of the committee will be Rick Friedman and Jennifer Downey, who could not attend the Spring Meeting but will be in attendance at the Fall Meeting. They extend an invitation to any GAP Member with interest/expertise in human sexuality.

**Time frame:** The direction and future projects are to be determined, and new members and/or consultants who might be invited will be identified.

**Committee: IMG's**

**Members Present:** Kramer, Rao

**Guests:** Scott Twemlow

**Current project and topic:** Report on the impact of 9-11 residents will be done in collaboration with the Committee on Cultural Psychiatry.

Expanding membership of the committee

**Work between GAP meetings:** Possible meeting at the APA Meeting in May

**Committee: Medical Education**

**Members Present:** Bernstein, Cabaniss, Robinowitz, Nadelson, Pessar, Dickstein

**Fellow:** Sarah Graff

**Current project and topic:** Short report approved by the Publications Board now to be submitted to *Academic Psychiatry* about recruiting and rewarding faculty who teach

The future project assigned to task force: Medical licensure board questions to applicants on personal psychotherapy of applicant, psychiatric/mental illness diagnosis, treatment, etc. to be completed by Fall (report not yet in draft form).

**Plans for work between meeting:** complete medical licensure application questions, draft new reports on:

- a. psychiatric resident training in psychodynamics
- b. medical student education regarding biopsychosocial model
- c. teaching psychodynamics to psychiatric residents

**Committee: Mental Health Services**

**Members Present:** Ann Sullivan, Walter Menninger, Stephen Sharfstein, Richard Lippincott, Michael Vergare (Chair)

**Fellow:** None

**Guests:** Jules Ranz, Sigurd Ackerman

**Current Project and Topic:**

Are Most Psychiatrists Public Psychiatrists? This question has been the focus of our discussion. We have reviewed literature on the use of the term "public" when applied to psychiatrists and facilities. Committee members have prepared section drafts dealing with definitions, financial models, and an overview of data available about psychiatrists practice characteristics. APA has been a good source of information concerning this.

We have found a continued shift of practices towards institutional settings. Also, there is a greater reliance in all institutions on "public" sources of funds. At the same time, the split between "private and public" psychiatry tends to obscure these trends.

Following this meeting we will be preparing our first draft of what we hope will be the basis for an article for publication, possibly in *Psychiatric Services* or a similar journal. Progress has been reviewed with David Adler concerning publication procedures.

**Time Frame:** First draft and review expected to be completed before Fall meeting, 2004

**Consultation needed at this time from Publication Board:** No

**Plans for between meeting work:** Yes, through email and phone. Will consolidate section drafts into a first document

**Focus for next GAP meeting:** Complete draft review and ready for presentation for publication committee. We have also started discussion of future projects, including a possible review of suicide in hospital settings.

**Any way which GAP members can be helpful:** not at this time but in future would like the Committee on Psychiatry and Community to comment on our working draft.

**Type of Manuscript:** Fast track for journal length article

**Committee: Psychiatry and the Law**

**Members present:** Pinals, Newman, Phillips, Knoll, Ash, Giorgi-Guarieni, Kapley, Resnick, Mossman

**Fellows:** Todd Elwyn

**Guest:** Graham Glancy

**Current project and topic:** Committee is working on a book project on stalking. Drafts of all chapters are complete and the committee is seeking a publisher. During this meeting, members presented chapters on juvenile stalking, risk assessment and stalking, risk management and stalking, and mens rea, celebrity stalking and cyber stalking. The group debated questions such as to what audience the book is aimed, the title, style and structure of the book, marketing strategies, and various issues specific to stalking

**Time frame:** working to complete project in April or November 2005

**Plans for work between meeting:** Ideas generated for the next project.

**Committee: Psychopathology**

**Members Present:** Dulit, Adler, Siris, Sonis, Braun, Fornari

**Fellow:** Daniel Richter

While the committee was unfortunately missing some members at this spring's meeting, those that were there worked on an interesting mix of new and old topics.

The committee completed revisions on a manuscript entitled: **ADHD in Adults: Clinical Information for Primary Care Physicians**. This was a manuscript funded originally by Eli Lilly which has now been revised and will be re-submitted to **Primary Psychiatry** for publication in the coming months.

In addition, at this past meeting the topic of 'SSRIs in the Pediatric Population' was raised as a possible new avenue of review for our committee to take given the relative confusion in the psychiatric (and lay) community on this subject matter. A literature review will be undertaken and our committee is considering a number of perspectives on the topic that will maximize GAP's contribution to this area.

**Committee: Psychopharmacology**

The Committee on Psychopharmacology has had a productive year with an ongoing project on direct-to-consumer pharmaceutical marketing. We have developed a survey instrument that is currently being used to survey the GAP membership and other psychiatrists. The pilot survey results will be used as a basis for a publication as well as an APA workshop for 2005 Annual Meeting, potentially in collaboration with other GAP committees.

**Committee: Psychiatry and the Community**

**Members present:** Pollack, Munetz, Geller, Merlino, Lamb, Greenfeld, Talbott

**Fellow:** Michelle Pent

**Current project and topic:** This Committee is currently finalizing a Power Point module educational program on the patient/psychiatrist relationship with respect to treatment adherence. The plan is to distribute this presentation to professional and broad lay audiences. Our next project will examine the social, political and ethical factors impacting hospital bed availability in the present health care system.

**Time frame:** Finishing revisions suggested by Publications Committee

**Plans between meeting work:** Pursue pharmaceutical industry support and complete the PPT products for production and dissemination.

**Focus for next GAP Meeting:** New project, hopefully to focus on hospital bed capacity as a policy concern within the mental health system.

**Committee: Religion**

**Members present:** Snyder, Ostow, Meador

**Current project and topic:** We are currently sorting through future topics and process for the committee.

**Committee: Research**

**Members present:** Gardner, Wamboldt, Verhulst, Kerbeshian, Sutton, Looney, Beahrs

**Fellow:** Morton Sosland

**Guest:** Michael Schwartz

**Current project and topic:** We discussed how the committee plans to submit the various members' articles that have been written on the social brain for possible publication in an edited text. We discussed also other alternative potential publications. We discussed how the suicides following starting SSRI's could be explained by the social brain model and how this topic could also be suitable for an article. We worked on an article for A.J.P. on the social brain, as well. We had a fruitful discussion about how to increase the prominence of the concept of the social brain within the medical community.

**Plans for between meeting work:** Setting up a yahoo group. Drafts to be reviewed and critiqued.

**Focus for next GAP meeting:** Furthering of the social brain articulation in other articles, books and power point slide shows/curriculum outlines

#### **Committee: Sexual Minorities**

**Members present:** Hire, Ashley, Volpp, Mitchell, Guss, Barber, Rosario, McCommon

**Guest:** Scott Masters

**Current project and topic:** the committee is finishing editing its first module for web-based curriculum for teaching about gay and lesbian issues to psychiatric residents and medical students. The first module is "History of Psychiatry and Homosexuality." Members have begun work on two additional modules, "Taking a Sexual History" and "Gay and Lesbian Issues Over the Life Span: Developmental Issues." Nine modules are planned.

**Consultation needed from Publications Board:** Module one should be ready to review before our next meeting and even be viewed on one of our members' websites which I will forward the address when it is ready

**Plans for meeting between work:** All members have assignments to work on parts of modules 2 and 3, with instructions for committee review and consultation via email. Editors have been assigned for remaining six modules and outlines should be ready for next meeting.

**Focus for next GAP Meeting:** Editing work continues as well as review and revising process.

**Ways GAP members can be helpful:** will need to discuss GAP website vis-à-vis this project and funding possibilities(pharma/foundations) as well as possible revenue generating potential.

#### **Committee: Terrorism**

**Members present:** Aldrich, Post, Shanfield, Stoddard

**Ittleson consultant:** Arieh Shalev, M.D., Chair of Psychiatry, Haddassah Medical School

**Guests:** Roy Lubit and Dori Reissman

**Current Project and Topic:** Roles of Psychiatrists in the Context of Terrorism (and of psychiatry) 7500 word journal article

This paper aims to present intellectual background for the origins/causes/roots of terrorism, (preparation for) the psychiatric consequences and the "full" range of psychiatric responses. It is inspired in the part by the 1996 USUHS Medical School Conference on roles in Disasters, and the IOM Report on Psychological Consequences of Terrorism

**Time frame:** 6-12 months

**Plans for between meeting work:** Meeting at the APA Meeting in New York City in May. Resolution of possibility that this may be divided into 2 linked papers are in origins. Another on consequences/responses

**Focus for next GAP Meeting:** (1) Further refinement of manuscript  
(2) consideration of next project

**Type of Manuscript:** Fast track for journal length article in 6-12 months

#### **Committee: Therapy**

**Members Present:** Lazar, Sledge, Rockland

**Current Project and Topic:** (a) finish monograph on the cost-effectiveness of psychotherapy (b) instituting a new project to examine the clash of cultures in psychotherapy:

1. biological views
2. humanistic views
3. commercial and financial issues

**Time frame:** (a) next several months (b) planning phases

**Plans for between meeting work:** revision of monograph

**Focus for next GAP meeting:** Planning and beginning next project

## DATES OF FUTURE GAP MEETINGS

**2004**  
**NOVEMBER 18-20**

**2005**  
**APRIL 7-9**  
**NOVEMBER 17-19**

**2006**  
**APRIL 6-8**  
**NOVEMBER 9-11**

**2007**  
**MARCH 29-31**  
**NOVEMBER 8-10**

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## GROUP FOR THE ADVANCEMENT OF PSYCHIATRY OFFICERS

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